



Online Systemic Family Constellations practitioner training (AEST Qld Australia timezone).

Systemic Family Constellations Course Outline

Module 1: Entering the field

Essential course information. Introduction to Family Constellations as a different way to view and work with individuals, family, relationships, wellbeing, growth and transformation.

Working without knowing, learning to feel and read energy and core dynamics.

You will study 6 constellation books throughout the course to give you the breadth, range and depth of possibilities for this work as you develop as a Family Constellations practitioner in your own way.

Module 2: Personal Development and Growth

The growth that is required for you to become a constellation practitioner, requires you to experience and resolve what needs to be put to rest, within your own family system. An examination of what is required to come out of judgement, look at the bigger picture, not be personally triggered, and work in service of the client or family.

Module 3: Energy

The constellation field, energy, how to work with it, and what to be mindful of. Working with energy ethically and healthily. Some fundamental truths on which to build your practice.

Module 4: Orders of Love 1

Looking at the patterns set up by our original families, including ancestors and cultural or traumatic influences. Understanding the value of spatial arrangements in constellations and an introduction of the value of order on mental health and wellbeing. Looking at loyalties, burdens and blind love.

Module 5: Orders of love 2

Looking at the patterns we form in our present families. Examining the transition from original to present family and its impact not only on ourselves, but those we are responsible for or in relationship with.



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Module 6: Transforming Blind Love

Examining the profound transformation from blind love to mature love. primarily with our parents first, so that what comes out of this growth can be present, with us as partners or parents, in the present.

Module 7: Perpetrator / Victim

How to notice these dynamics on many levels.

Sexual abuse, incest, trauma and what is required in the family system or in the individual to be released, or find more freedom.

Module 8: Consciousness, Guilt and Innocence.

The nature of connection, loyalty, dysfunction and growth through innocence and guilt. A complex but fascinating exploration for us all.

Module 9: Experiential

Putting theory into practice. Holding constellations, online, doing private sessions in four formats. The power of rituals. Demonstrations and practice in break-out groups

Additional videos on:

- Relational Placement
- Relationships and divorce
- Blended Family
- Adoption and Fostering
- Floor Anchors
- Using Triangles
- Systemic Sexual Abuse
- Rights' of Passage

Module 10: Mind Science

Putting it all together, humanity, human-pysche, energy, somatic sensing. The relationships between science, neuroscience, epigenetics, life force, spirituality and new perspectives.



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Module 11: Completion

Case studies, becoming a practitioner, looking after yourself as a practitioner.

How to develop and remain supported and connected in the field.

140 hours Professional and personal development in total