



Systemic Couples & Relationship therapy (SCRT) Course outline.

1. Dysfunctional Relational dynamics
2. Family Patterns
3. Recognising Systemic patterns in present relationships
4. Steps to changing couple patterns and dynamics
5. Parenting Dynamics
6. Effects of fostering
7. Effects of adoption
8. Effects of loss of parents in childhood
9. Changing fatal attraction patterns
10. Therapy process and techniques