

Family Constellation training

with Yildiz Sethi



Family Constellations

yildiz@familyconstellations.com.au

<https://familyconstellations.com.au>

Family Constellations/Systemic Family Constellations

Family Constellations has encapsulated the importance of coming to peace with the family system and generations we are born to, in acknowledging the importance of connection and love towards living a meaningful and enriching life in the present. Through this philosophy we learn the importance of knowing our place as part of our lineage as children, grandchildren, siblings, parents and partners and hence, ourselves as individuals in the world.

When we are out of place or carrying burdens and baggage from our family system, it results in a lower sense of worth. We make choices, view the world, possibilities and our capacity for connections and success through this, blindly. We take this into our lives in terms of the level of our self-esteem and the ability to set and achieve goals in life, find and create good relationships and fulfil our potential.

In truth we have at least two main strands of consciousness and unconsciousness in our lives with the unconscious being the more problematic, because it operates outside our awareness. The two strands are the Personal, in coming from our lived experiences and the Systemic in coming with our DNA from our family system and formative years. It's gratifying to see that Epigenetics is showing how disturbances and trauma are passed to future generations along with DNA.

Systemic Family Constellations is the perfect philosophy and practice to work with assisting people to find a healthier perception of themselves in finding the freedom they need to live life in a more free, conscious and wholistic way. This takes place in the process through observing spatial arrangements, experiential processes, rituals, healing sentences and movement. This is brief, experiential, energetic, solution-focused and powerful in assisting those who are ready for such a deep process to make

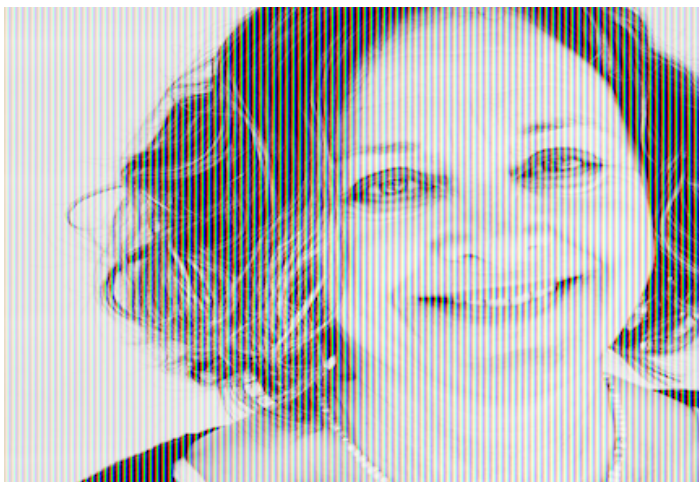
deep, psychological and emotional shifts, that results in new perspectives, emotional healing and growth.

This is a stand-alone modality for a wide range of issues that people struggle with, that goes far beyond what is in current practice in counselling, psychotherapy, hypnotherapy, NLP, and personal development.

Family Constellations is perfect for working with relationships, patterns and generational trauma including incest and sexual abuse.

See these Videos here

<https://familyconstellations.com.au/free-300-offer-of-online-systemic-family-constellations-training-with-yildiz/>



Yildiz

About Yildiz

My name is Yildiz Sethi, a former physics and chemistry teacher with a strong curiosity about consciousness, life purpose and our place in the universe. I wanted to understand the mind and later what it is that prevents us from being free to be who we are.

This led me to become a Vedic astrologer and later into innovation in Mind Science. I became

interested in karma and what keeps us tied to specific patterns and came to realise that karma may be considered deeply unconscious blocks or patterns that were highly imprinted by our family system. I retrained and became a psychotherapist in 2000. This led me on a journey to find the most effective ways of working to assist people in making deep positive change. I was highly fortunate in being trained in 2005 by Svagito Leibermeister and later by the founder Bert Hellinger in 2007 among other international trainers. I

have since then held monthly workshops in Sydney, Brisbane, Melbourne Australia and training for practitioners.

I have a Master of counselling degree, clinical hypnotherapy diploma, NLP Cert, have been a lecturer in Methods of counselling for 8 years at the Australian College of Applied Psychology and have run my own private practice since 2000.

I am the innovator of Emotional Mind Integration and Rapid Core Healing and an author and

also the founder of [New Dawn: Recovery from Sexual Abuse.com](http://NewDawnRecovery.com)

Is this suitable for you ?

This is suitable for people who are wanting to embrace the latest cutting edge developments in Mind Science in making a difference. If this is you, maybe you're an early adopter. Early adopters may be existing practitioners, 'people who help people,' counsellors, hypnotherapists, psychotherapists, social workers, psychologists and those who are entering the field for the first time. All early adopters are looking for something more than is available in traditional education at this time, because change in traditional fields is slow.

What do I offer?

Systemic Family Constellations training takes place with me Yildiz in composite online trainings consisting of pre-recorded webinars, plus live, online group experiential components with me and the training group. You will receive a copy of the course book *Rapid Core Healing* Y Sethi 2016. The webinars include videos, information sheets, reading and worksheets and case studies to complete. This means that by the time trainees enter the online webinar they are ready for this final component of putting theory into practice.

You will learn how to hold groups or workshops, private sessions in 3 formats and online. This means on completion you can start straight away.

On completion you will receive a Certificate.

75 hours of professional development.

Systemic Family Constellations is a key part of the Master triple training of Rapid Core Healing- this is also Recovery From Sexual abuse.

Don't miss out. Check out the website to find the next online courses and join at least 6 weeks beforehand so you may be ready for the online experiential component.



Rapid Core Healing

Here is the course book available on Amazon in paper back or kindle.

If you buy this book and join the training you will receive refund if you keep the receipt.

My other two books on The souls journey and personal growth also contain Family and Business constellations as a way to personal growth and spiritual growth.