

Try something new.

Would you like to heal relationship karma personally and also generationally? How would it be if you could do it in one session, in a workshop or alternatively in a private session? Even better, you can do it for your self and you don't have to have the people of your issue present. This can all be achieved in a mode of therapy called Family Constellations. This is a revolutionary therapy that is huge and rapidly growing in Europe, America and Asia and is now here in Sydney. It is continuing to spread due to its effectiveness, in healing relationships and connecting people to their roots. From this position of strength and freedom you can start to make the most of your potential to create what you want in your life.

What is karma? Karma literally means action. According to Eastern philosophy we are in a cycle of reincarnation, so that our thoughts and actions come back to us, either in our present or future lives. There is a cause and effect relationship. Action-reaction.

Most of us experience mixed karma in many areas of our life, a mixture of pleasant and more challenging situations. Life is full of experiences and perhaps that is its function or purpose. However, you may have a good job and valuable assets, but without good relationships it is likely that meaning, purpose, happiness or peace will be missing for you. It should not be forgotten that the family you were born into is also part of your karma. Facing it and accepting it, as it is, is usually all that is required to release you from the karmic cycle and improve your relationships from now onwards. Not being connected or resolved with your roots, in terms of family, can be the cause of a wide range of difficulties, such as, emotional problems, difficulties in relationships with; partners, children birth family, or in the work or business arena. Family Constellations is an effective way of dealing with your karma, in terms of relationships, that is relatively cost and time effective. Perhaps you have tried counselling or you don't like the idea of revealing your thoughts and feelings. In Family Constellations there is no need for a lengthy revealing of emotions or history. All you have to do is state your issue briefly and answer a few factual questions. No emotional history is necessary.

The ultimate in personal development and soul therapy.

Monthly workshops. Private sessions. Phone now to book your place.

www.familyconstellations.com.au